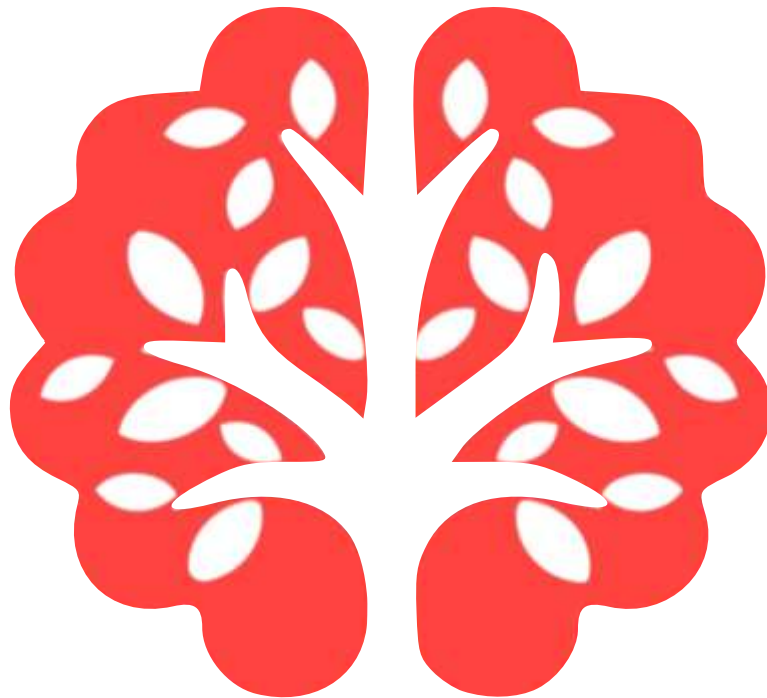


Humanlinks Public Online Speeches

January - April 2022



Subject: "Serving the Human Being, the Community and the Environment"

website: <https://humanlinks.gr/> | email: info@humanlinks.gr

Description

The Humanlinks Program "January - April 2022" this year has the theme: "Serving the Human Being, the Community and the Environment" and includes scientific lectures, personal story sharing, street art events, photography and art exhibitions and other online and in person activities as long as the season and the measures allow it.

The topics covered for each month are social and school gender violence, the expression of parenthood in different types of families, self-care and community in times of crisis and finally the internal connection of the community with the environment through art.

Scientists with great research experience will inform and clarify on issues for which there is a social desire for a deeper understanding. Experienced professionals who have dedicated themselves to their work for the benefit of the individual and the community will inspire. Individuals and families will be moved by their experiences towards a more beautiful and free inner state and experience which is characterized by respect, acceptance, solidarity and other noble feelings. Finally, artists will raise with their art a little higher to look human again as a whole. How he lives and moves and how he interacts in a wonderful environment that invites him to remember who he is and to re-associate with him in a purer and non-violent way

For more information, clarifications or even technical support to connect with each event please send to email: info@humanlinks.gr or via messenger on the Humanlinks Facebook page.

Any comment on the improvement of the Programs is legitimate and will be highly appreciated.

It is reminded that all events are offered free of charge by all participants without any financial contribution from the public.

Speeches Schedule

January

Subject: "Prevention and management of violence in schools"

Saturday, January 8th

Time: 11:00 - 12:30

Subject: "Prevention and management of violence in schools"

Speaker: Vlassopoulos Kyriakos, Theologian, psychoanalyst, psychotherapist

Coordinators: Lena Koutsika - George Krallis

Zoom Link: [**here**](#)

Meeting ID: 868 7841 5942

Passcode: 546632

Tuesday, January 11th

Time: 19:15 - 20:45

Subject: "Juvenile delinquency and violence"

Speaker: Douzenis Athanasios, Psychiatrist, Professor of Psychiatric Forensic Medicine, Chairman of the Board of the Psychiatric Forensic Society

Coordinators: Lena Koutsika - Despina Vlachoudi

Zoom Link: [**here**](#)

Meeting ID: 896 0891 6947

Passcode: 673719

Tuesday, January 18th

Time: 19:00 - 20:30

Subject: "Psychological and spiritual dimensions of climate change in children and adolescents"

Speaker: Anna Polemikou, Neuropsychologist - Psychotherapist, PhD, University of Bath, UK, Scientific Associate of the University of the Aegean and the National and Kapodistrian University of Athens.

Coordinators: Despina Vlachoudi - Lena Koutsika

Zoom Link: [**here**](#)

Meeting ID: 825 2902 2380

Passcode: 266804

Tuesday, January 25th

Time: 19:00 - 20:30

Subject: "Policies to prevent and address violence based on gender identity / expression, gender characteristics and sexual orientation in education."

Speaker: Dimitra Kogidou, Professor of Psychology, Pedagogical Department of Primary Education, Chairman of the Gender and Equality Committee of AUTh.
Coordinators: Lena Koutsika - Georgianna Brami
Zoom Link: [here](#)
Meeting ID: 884 8609 2903
Passcode: 885733

February

Subject: "The role of parenthood in different forms of family"

Tuesday, February 1st

Time: 19:00 - 20:30

Subject: "Neither father nor mother: Just a parent"

Speaker: Panagiotis Kordoutis, Professor of Social Psychology, Department of Psychology, Panteion University

Coordinators: Despina Vlachoudi - Lena Koutsika

Zoom Link: [here](#)

Meeting ID: 829 1432 7489

Passcode: 651689

Tuesday, February 8th

Time: 19:00 - 20:30

Topic A: "Parenting and disability"

Speaker: Lila Patroklou, Author, Mother with a Disability

Topic B: "Childcare: Family with biological children welcomes new member"

Speaker: Aleka Sotiropoulou, Mother

Coordinators: Lena Koutsika - Georgianna Brami

Zoom Link: [here](#)

Meeting ID: 813 0624 4571

Passcode: 491095

Tuesday, February 15th

Time: 19:00 - 20:30

Subject: "Single parenthood: My child and I our family"

Speakers: Violeta Georgieva, Lawyer, Giota Moutsokou, businesswoman

Coordinators: Lena Koutsika - Georgianna Brami

Zoom Link: [here](#)

Meeting ID: 863 0921 8291

Passcode: 884166

Tuesday, February 22th

Time: 19:00 - 20:30

Subject: "Families with LGBTQI+ parents, social reality - legal gap"

Speakers: Stella Belia, Stamatis Anthis, Rainbow Families

Coordinators: Lena Koutsika - Agoritsa Papadopoulou

Zoom Link: [here](#)

Meeting ID: 898 2419 3184

Passcode: 225744

March

Subject: "Taking care of ourselves and the community in times of crisis"

Tuesday, March 1st

Time: 19:00 - 20:30

Subject: Caregivers at the forefront of Public Health: Experience and Knowledge from COVID Reference Hospitals

Speakers: Athanasia Gabrani, Nursing General Hospital of Grevena, Postgraduate student, "Nursing care for adults with self-care deficit", University of Ioannina

Angeliki Gianniou, Nurse in Athens General Hospital "Elpis", MSc

Administration of Health Units, Hellenic Open University

Coordinators: George Krallis - Lena Koutsika

Zoom Link: [here](#)

Meeting ID: 870 2033 7241

Passcode: 112067

Tuesday, March 8th

Time: 19:00 - 20:30

Subject: "Stress: A timeless epidemic"

Speaker: Eleftherios Georgakopoulos, Neurophysiologist, Molecular Biologist, Geneticist

Coordinators: Lena Koutsika - Lena Korasidou

Zoom Link: [here](#)

Meeting ID: 872 6464 0100

Passcode: 611694

Tuesday, March 15th

Time: 19:00 - 20:30

Subject: Self-compassion in times of crisis: A healthy way to relate to myself

Speaker: Dr. Irini Karakasidou in Clinical Psychology, Panteion University, Psychotherapist

Coordinators: Maria Pangalou - Agoritsa Papadopoulou

Zoom Link: [here](#)

Meeting ID: 835 8926 5524

Passcode: 861690

Tuesday, March 22th

Time: 19:00 - 20:30

Subject: "Trust and community ties: The COVID-19 pandemic social vaccine"

Speaker: Anastasia Zisi, Professor in the Department of Sociology, University of the Aegean, Director of the Laboratory of Social, Cultural & Digital Documentation.

Coordinators: Lena Koutsika - Despina Vlachoudi

Zoom Link: [here](#)

Meeting ID: 817 3957 7707

Passcode: 307119

Tuesday, March 29th

Time: 19:00 - 20:30

Subject: "When the body speaks"*

Speaker: Susana Abigador, Representative of physical expression in Greece, author of the book "When the body speaks", creator of the system Danza Vidal (dance of self-knowledge)

Coordinators: Lena Koutsika - Georgianna Brami

Zoom Link: [here](#)

Meeting ID: 833 3223 0010

Passcode: 422515

** Depending on the restrictive measures for the pandemic, there is a possibility that the event will take place in person. A relevant announcement will follow.*

April

Subject: "Art Community and the Environment"

Tuesday, April 5th

Time: 19:00 - 20:30

Subject: "Seeking meaning in life in a world that is constantly changing"

Speaker: Katerina Zymni Phd, ECP, Doctor of Clinical Psychology Panteion University.

Coordinators: Lena Koutsika - Agoritsa Papadopoulou

Zoom Link: [here](#)

Meeting ID: 850 0968 7937

Passcode: 510026

Tuesday 12 April

Time: 19:00 - 20:30

Speaker: Nikolaos Michalopoulos, Professor of Environmental Chemistry, Department of Chemistry University of Crete, Director of the Institute for Environmental Research and Sustainable Development of the National Observatory of Athens

Subject: "Air pollution, climate and health: Invisible pollutants with visible effects"

Coordinators: Konstantinos Stavropoulos - Despina Vlachoudi

Zoom Link: [here](#)

Meeting ID: 820 0083 3446

Passcode: 579285

Tuesday 19 April

Time: 19:00 - 20:30

Subject: "Environmental movement and activism: Approaches and tactics"

Speaker: Agisilaos Koulouris, Activist, Vigilant Citizens, Extinction Rebellion

Subject: "Corporate impunity: the challenges and struggles of communities in Africa and Latin America for land rights and environmental protection"

Speaker: Inda Paraskeva, Activist, Advocacy and Communication Assistant on Climate Justice and Human Rights

Coordinators: Konstantinos Stavropoulos - Despina Vlachoudi

Zoom Link: [here](#)

Meeting ID: 869 2710 6621

Passcode: 644508

Events - Events

Subject: "Art, Community and Environment"

1. Photo exhibition in galleries and cafes in the Acropolis and Thissio areas
2. Artworks, toys and other events from the School Life and Education Museum, Schools in the Area and other organizations
3. Theatrical event: "We say goodbye to Winter and welcome Spring" With Ira Brami, actress, director in collaboration with Schools in the Area
4. Street musicians

The full Schedule of artistic events will be announced soon

Contributors

Event Manager

Lena Koutsika, Educator, Group Psychotherapist, NDI Psychotherapist

Director - Communication

Konstantinos Stavropoulos, Geologist MSc

Secretarial support

Georgianna Brami, Philologist, Postgraduate Student Art and Society Program
University of the Aegean

Event Coordinators

Maria Pangalou, Architect, Olympian, Raja Yoga Course Instructor

Despina Vlachoudi, Agronomist AUTh, Postgraduate student at the University of
Western Macedonia "Food control and quality"

Lena Korasidou, Synthetic Mental Health Counselor, Play Therapist, Raja Yoga
Course Instructor

Event Coordinators

Agoritsa Papadopoulou, Psychologist, Football Referee

Georgianna Brami, Philologist, Postgraduate Student, Program: "Applied - Clinical
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Dimitra Neratzi, Content Manager, IT Support, Mathematician

Graphic design

Kostas Baliotis, Architect

Art and Society

Ira Brami, Actor, Performer, Street Theater Director

Supervision

Ketty Kanakaki, Psychologist, NDI Psychotherapist, NDI Psychotherapy Trainer

Program Coordination - Scientific Responsibility

George Krallis, Social - Intercultural Worker, Social - Intercultural Group
Motivator, NDI Psychotherapist